Packing List

Operation Serve International Trip Date:

The Basics	Personal Items
Passport	Imodium Advanced (anti-diarrhea)
Tickets or E-ticket itinerary	Personal toiletries
Personal prescriptions	Spending money for personal items
Bible, pen, and paper	
Snacks for each day	Recommended
Alarm Clock	Copy of insurance card
Backpack, hip pack, or day pack	Copy of health care professional license
Sunscreen/Aloe	Small travel sewing kit
Hand sanitizer/anti-bacterial wipes	Camera w/extra batteries
Kleenex/travel size toilet paper	Throat lozenges
Mosquito repellent	Lip balm
Wash cloth (towels are supplied)	Eye drops
Outlet adapter (adapt to 2 prong outlet)	Extension cord/Power strip
	Small fan
Clothing	Shower shoes (flip-flops)
Long pants – no holes	Back brace for lifting
T-shirts – no holes, No Sleeveless shirts	
Hat and sunglasses	There will be very few opportunities to
Work boots or tennis shoes	wear shorts – if you bring them, they must be longer than your fingertips when your

- Extra shoes
- Skirts must be knee length or longer
- Light jacket or rain poncho
- No tight, revealing, or low cut clothes

wear shorts – If you bring them, they must be longer than your fingertips when your arms are at your side. Capri's and sandals may be worn in places other than the worksite. When you are at the worksite, your shoes must be closed toe – this is for your safety.